

# Life Simplified

We can learn by seeing,  
We can learn by listening,  
But we must live and want to learn.

We are on this planet Earth  
Because we choose to be here.  
Our spirit made this choice for us.  
Whether we have a happy life or a sad life is  
Determined by our past lives.

Karma.

If we follow our instincts,  
Listen to our internal tape recorder  
And live accordingly,  
We will be successful in reaching our goals.

When we finish with this life,  
And are ready to dump this skeleton of a body,  
We will return to the Real World --

The Spirit World,

To meditate, contemplate,  
Pray for guidance, focus,  
And rest;  
Then choose our next learning experience.

Our final goal is to reach perfection  
So that we can re-join our Creator.

What is the main thing that we learned?  
Simply to love one another.

That is

Life, Simplified.

Catherine Williams Pitts ----- 8-28-05